

PLEASE ANSWER ALL THE FOLLOWING QUESTIONS ABOUT THE CANDIDATE:

[Use additional sheets if necessary]

1. Why do you think the Candidate should make a Cursillo? _____

2. Are there any noteworthy health problems or diet restrictions concerning this Candidate? Please comment on the physical and psychological health of the Candidate, remembering especially problems with any kind of substance abuse. _____

3. Is there any reason why this candidate should/should not be table leader/secretary? _____

4. Do you assume the responsibility of introducing your Candidate into 4th day activities?
Reunion Group YES NO
Ultreyas YES NO
Other 4th Day Activities YES NO
5. Do you assume the responsibility of getting your Candidate to:
Cursillo YES NO
Sending Palanca YES NO
Attending the Closing YES NO
Getting your Candidate home YES NO
Offering assistance to the family YES NO
6. Have you explained the three-day weekend and Fourth Day activities to your Candidate? YES NO
7. Is your Candidate's spouse submitting an application now? YES NO
If not, is the spouse planning to submit an application in the future? YES NO
Please explain as fully as possible. _____
8. Sponsor's Name: *(Please print)* _____ Email: _____
Sponsor's Signature: _____ Home Telephone: _____
Address: _____ Cell Telephone: _____
City: _____ State: _____ Zip: _____
When and where did you make your Cursillo? _____
Are you in a Reunion Group or its equivalent? _____
Do you attend Ultreyas? YES NO Where? _____
Name of your Church: _____ Town: _____ Denomination: _____
9. Co-Sponsor's Name: *(Please print)* _____ Email: _____
Co-Sponsor's Signature: _____ Home Telephone: _____
Address: _____ Cell Telephone: _____
City: _____ State: _____ Zip: _____
When and where did you make your Cursillo? _____
Are you in a Reunion Group or its equivalent? _____
Do you attend Ultreyas? YES NO Where? _____
Name of your Church: _____ Town: _____ Denomination: _____
10. Additional Remarks: _____

MASSACHUSETTS EPISCOPAL CURSILLO®

CANDIDATE'S APPLICATION

Please consider this application for the next Cursillo weekend.

Men's *Women's* *Co-Ed*

NOTE

This weekend is a gift given by the generous support of the Cursillo Community. You will be notified of the specific dates and times as well as other details of the Cursillo after your application has been processed. The weekend lasts from Thursday, 7:30 p.m. until Sunday, 6:30 p.m.

It is important that you type or print clearly

Complete all items  then return this application to your sponsor.

Name: _____ Gender M F Date of Birth: _____

Name To Be Called: _____ Sponsor's Name: _____

Address: _____
Street City/Town State Zip

Telephone: _____ Email: _____

Marital Status: _____ Occupation: _____

Employer: _____ Business Telephone: _____



Parish: _____

Pastor: _____ Religious Affiliation: _____

Approximate Date of Baptism: _____

In what Christian or leadership activities are you involved? _____

Please Answer the Following Questions
(Use additional sheets if necessary)

1. Please make a statement about your physical and mental health status, including any restrictive diet or disabilities. _____

2. Why do you want to make a Cursillo? _____

3. Please give details of any organized renewal experience you have had. _____

4. Has your sponsor explained Cursillo and “post-weekend involvement” to you and (if applicable), to your spouse? Yes No
5. Has your spouse made Cursillo? Yes No
If yes, where and when? _____
If not, does he/she plan to? Yes No
If not, why? _____

Note to candidate and sponsor: The following box MUST be completed.

Applicant's Signature: _____	Date _____		
Sponsor's Signature: _____	Date _____		
Co-Sponsor's Signature: _____	Date _____		
Pastor's Signature: _____	Date _____		
Pastor's Name (please print): _____			
Address: _____			
<small>Street</small>	<small>City/Town</small>	<small>State</small>	<small>Zip</small>

FOR OFFICE USE ONLY

Date Application Received: _____ Acknowledgement Date: _____
Cursillo Date: _____
Acceptance Notification Sent On: _____ Sponsor Notified On: _____

MASSACHUSETTS EPISCOPAL CURSILLO[®]

PALANCA GUIDELINES

PALANCA IS: AN OUTWARD AND VISIBLE SIGN THROUGH PRAYER AND ACTION OF OUR CHRISTIAN LOVE. IN THIS WAY, GOD'S LOVE IS USED AS A LEVER TO BRING ABOUT THAT WHICH WE CANNOT DO BY OURSELVES.

We offer *ourselves* in prayer and action to become a **PALANCA PERSON**.

Prayer is the operative word . . . As individuals and as a part of a praying community . . . We live our life as a **PALANCA PERSON** in these ways:

- ✓ Proper love and care for our family
- ✓ A good day's work reflecting God to our co-workers and friends
- ✓ Responsible citizenship
- ✓ Bringing Christ to our environment
- ✓ Seeing Christ in each person just as he/she is

A few specific ways of realizing the enormous potential are listed below.

Remember the outward signs (letters, posters, etc.) are indicating the prayer, the action, the offering, **the sacrifice which is the palanca.**

- **HOLY EUCHARIST:** Receive the elements in the name of a person.
- **OFFERING** a discipline or a sacrifice in conscious prayer for someone; fasting, not smoking, not drinking, practicing patience for example.
- **DIRECT COMMUNICATION:** Writing or speaking with someone to tell how they bring Christ into your life; how you admire their unique gifts; tell what is your specific prayer or offering is for that person, etc.
- **A GIFT OF SERVICE:** Such as taking care of their children, cooking a meal for an invalid, writing a letter for a handicapped person, visiting, etc.
- **OF AN OBJECT:** If, and only if, it is understood to stand as a symbol of your love in Christ, a poster, with Palanca always indicated; something you have made in love and prayer, something with a very special meaning.
- **OFFERING** a pleasant task or personal situation of thanksgiving and conscious prayer for the recipient; making something you enjoy doing, burning a candle, being in the midst of a happy family gathering, etc.
- **OFFERING** an unpleasant task or situation in conscious prayer for someone; being stuck in traffic, scrubbing the toilet, pain, etc. may be offered to the glory of God in someone's name.

(over)

MASSACHUSETTS EPISCOPAL CURSILLO[®]


PALANCA GUIDELINES (CONTINUED)


In conscious prayer, we offer these and other elements of our lives with the specific intention of becoming channels of God's love. This love then becomes a lever to bring about **God's** will. We become a part of the circle of light from God-to-us-to-others-back to God.


As part of a praying community of **PALANCA PEOPLE** we are blessed to have God's grace shower upon us as we attempt to Christianize the world.





Practical Tips:


-  You may **put "Sponsor" or "Spouse" in lower left corner of envelope** and indicate desired day for delivery (Fri., Sat., Sun.). Palanca room workers will **TRY** to comply.


-  You may **visit the Palanca Room** over the weekend.


-  **Gifts are NOT appropriate** on the weekend; save them for the Fourth Day or for the ride home.

-  **Never put TEAM** on an envelope or poster.

-  **Always show your palanca** on the poster.

-  **One poster per weekend, one letter per day** is appropriate for your Candidate.

-  In the spirit of palanca, send or bring **notes and posters addresses to other candidates, team members and spiritual directors.**

-  An example of a sacrifice (*or discipline, or offering*) could be to pass up breakfast if you like breakfast and to use the time to pray for the recipient. You may tell that person what you have done (*or intend to do*) or not. **God knows, and the power is there either way.**

MASSACHUSETTS EPISCOPAL CURSILLO®

INFORMATION ABOUT CURSILLO

What is CURSILLO ? (Pronounced Cur-see-yo)

The full name is "*Cursillo de Cristiandad*" meaning "*short course in Christian living.*" The Cursillo movement started in Spain in 1949 under its founder, Bishop Juan Hervas. The Cursillo gives those who make it a new understanding of basic Christian truths and the desire to serve the church.

From Thursday evening until Sunday evening, lay people and priests live and work together to gain a deep, permanent, living awareness of the treasure and responsibility of their faith. They come with many questions and some apprehensions. They leave full of joyful enthusiasm as brothers and sisters in Christ, determined to extend His kingdom.

Is it a Retreat ?

The "*retreat*" portion of the Cursillo lasts only from the opening night until the following morning, during which silence is maintained. Thereafter, the basic teachings of Christ are discussed in an atmosphere of joy, with singing and joke sessions contributing to this atmosphere.

How often should one make a Cursillo ?

You may make a Cursillo only once in your life, but you are encouraged to "*build*" upon it for the rest of your life. It is not a substitute for a retreat, but rather compliments it. The Cursillo will make succeeding retreats more profitable. Those who have made a Cursillo often want to make an annual retreat, and they are encouraged to do so in order to renew their Cursillo resolutions.

What is its Format ?

The Cursillo weekend format consists of a series of spiritual talks, exercises and conferences, blending seriousness and lightheartedness, conducted by clergy and lay people. Although our M.E.C. Cursillos are lay-directed and controlled, the clergy assist in this effort most enthusiastically. Most of the talks are given by lay people.

Cursillo is NOT a Society

During the Cursillo weekend, the candidates are told clearly and often **NOT** to form a clique or special organization, but rather to "*get lost*" in the stream of the parish and community life, and to "*leaven*" the world for **GOD**. (over)

Revised March 20, 1998

Is it Parish Centered ?

Cursillistas are strongly advised to become active in their parishes. It should be noted, however, that all do not come out of the Cursillo experience with the same outlook. Cursillo is, for many, the beginning of a growing experience, and the course that growth takes in each person's life varies depending upon the individual.

Post-Cursillo

The weekend lasts three days; the "*fourth day*" is the rest of one's life, and Cursillistas are urged to make some sort of commitment to God to intensify the growth and deepening of their faith. The Cursillo weekend neither pretends nor is able to give a complete Christian formation in just three days. Cursillistas are by no means "*finished products*" on the Sunday night of the weekend. So additional activities are available to increase their knowledge and keep aflame their enthusiasm.

Cursillistas are encouraged to form small reunion groups that meet regularly to share their walk with Christ, and their progress with piety, study, and action. Periodically, another larger type of reunion, called an "*ULTREYA*" (Spanish for "*Onward*") is held in which Cursillistas give brief talks developing one of the points covered during the Cursillo weekend.

Who Lives a Cursillo ?

Christians who are looking to deepen their faith and commitment to Christ. In case of husbands and wives, the M. E. C. recommends that sponsors talk to both members of the couple. It is important to know that Cursillo is lived by an individual, but it is a shared experience, strengthening the marriage commitment. If possible, a couple should agree to live their Cursillo weekends consecutively (or simultaneously) and submit their applications simultaneously. However, if there is a valid reason that one or the other partner does not apply, the other may still attend. Every Cursillo applicant **MUST** have a sponsor who is a friend and someone knowledgeable enough about the candidate to assume the responsibilities of sponsorship.

**KEEP THIS SHEET FOR YOUR INFORMATION
OR FOR SOMEONE ELSE TO READ.**

Revised March 20, 1998

DUTIES OF THE SPONSOR

*“Being a sponsor is a commitment not only to the candidate,
but to the Cursillo movement.”*

FIRST—Preparation!

- † You must know the candidate, preferably well.
- † It is recommended but not necessary that you have lived your Fourth Day for at least one year before you sponsor a candidate. If you have not yet lived your Cursillo for a year, and, through prayer, you have found a candidate for whom you truly believe this is the right time to attend Cursillo, you may sponsor this candidate. You may co-sponsor a candidate at any time with another Cursillista.
- † A sponsor may present only one candidate per weekend. Sponsorship is a big responsibility, and requires a major time and energy commitment to make sure the candidate is supported well both on the Weekend and during the Fourth Day.
- † Remember that Cursillo is an experience of persons coming together to form a Christian community. It is not the solution for people with deep personal problems or for people dealing with alcohol, drug addiction, or extremely emotional upheavals in their lives. Such persons will probably not profit from the weekend and may very well ruin the weekend for others who find themselves on the receiving end of their pain. *(This does not mean that people who have come to terms with such problems may not be accepted on weekends.)*
- † Ordinarily, candidates should be from an area where there are other Cursillistas who will be there to provide Fourth Day support. However, there will be situations where that is not possible. The key then is for you to be sure to find a way to provide that support.
- † Be Honest! Your candidate needs to know a weekend is a learning experience in Christianity, a very busy and intensive one, not just a vacation. It is crucial to make sure they do not think it is a retreat.
- † Explain the basic format of the weekend. Answer questions as truthfully as possible. While we do not want to give away surprises that make the weekend more meaningful, **SECRECY HAS NO PLACE IN CURSILLO**. If you think about it, you can be pretty sure no candidate will think to ask you about a party or palanca!
- † Talk to a couple together, stressing the importance of Cursillo as a shared experience and a strengthening of their marriage commitment. Although both partners should plan to attend a Cursillo, it is okay if only one partner attends.
- † Once your candidate has been admitted to a weekend, it is vitally important that arrangements to meet them for transportation to the location of the weekend be made **AT ONCE** unless this has already been done. Do not let your candidate be one of the dropouts as a result of a lack of sponsor contact and interest at this point.

SECOND—The Weekend!

† As mentioned previously, you are responsible for transporting your candidate to the center and home again. Please arrive on time—between 7:00 and 7:30 PM Thursday evening. The weekend will not begin until all candidates are present. **IF YOUR CANDIDATE IS NOT GOING TO ATTEND, LET US KNOW!** WE WILL WAIT FOR YOUR CANDIDATE'S ARRIVAL BEFORE WE BEGIN.

The Marist House phone number is: 508-879-1620.

† *There is a Sponsor's Liturgy at 8:00 PM in the Chapel, which all Sponsors/Co-Sponsors are expected to attend. You will receive a candle to burn all weekend while you pray for the Cursillo weekend and your candidate. Getting your candidate off to a good start at this Liturgy is one of your major responsibilities.*

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† Write Palanca, including personal notes for your candidate, and for other candidates, and an extra two or three for someone who is not receiving much Palanca. Letters of prayer, sacrifice, and positive action are the type of Palanca expected. *Posters and banners must state prayers and sacrifice or they will not be displayed.* In fairness to all candidates, **please withhold any gifts until later**—your thoughtfulness will be most appreciated by your candidate early in their Fourth Day.

GENERAL PALANCA IS: Items, things that can be shared by the entire group and or at least their tablemates are acceptable; i.e., cookies, warm fuzzies, placemats, fruit, candy, snacks etc. **with Palanca.**

SPECIAL NOTE: Check the website and download copies of the Palanca list and bring to any Cursillistas you may know that do not have internet access.

BE AT THE CLOSING by 3:00 PM. THEY WILL BE LOOKING FOR YOU !!!

THIRD—MOST IMPORTANT—The Follow-up!

CONTINUE TO ENCOURAGE YOUR CANDIDATE.

† Your candidate will be looking for guidance in finding a reunion group, attending Ultreyas and other 4th day activities. Remember **YOU** are the sponsor not the spiritual advisor. They will look to you as an example of how to live their 4th day.

† Sponsors are encouraged to stay close to their candidate for at least one year, preferably longer.

There are publications by the National Episcopal Cursillo which explain in detail the purpose of the Cursillo movement. You may write or email to obtain a list of their publications to:

National Episcopal Cursillo
914 Norman Alley, #12 Conway SC 29526-5157
843-488-2956 Fax 843-488-2693 Toll free 877 Ultreya or 877-858-7392
Or email www.episcopalcursillo.org

ANY MEMBER OF THE SECRETARIAT (see the list on the inside cover of the Tripod) WILL BE HAPPY TO ANSWER ANY QUESTIONS YOU MAY HAVE CONCERNING SPONSORSHIP OR 4TH DAY ACTIVITIES. Keep this document as a guide